



MACHAPOKÉ



1. Choose a SIZE



SNACK 9,90€

1 base | **3 ingredients**
1 protein | 1 topping
1 sauce | 1 seed



REGULAR 11,90€

2 bases | **4 ingredients**
2 proteins | 1 topping
1 sauce | 2 seeds



LARGE 13,90€

2 bases | **5 ingredients**
3 proteins | 2 toppings
2 sauces | 3 seeds

EXTRA ingredients: +1,20 € | EXTRA protein: +2,00 € | EXTRA topping: +0,50 €
EXTRA sauce: +0,30 €

2. Choose a BASE

Basmati rice | Sushi rice | Black rice | Quinoa
Lamb's lettuce | Baby spinach | Sweet potato

3. Add INGREDIENTS

Chickpea hummus
Mozzarella
Olives
Avocado +0,60 €
Wakame seaweed*
Pineapple
Broccoli
Carrots
Red cabbage
Chickpeas
Cucumber
Cream cheese
Edamame
White cheese
Corn
Mango +0,60 €
Sweet potato
Tomatoes
Baby spinach
Zucchini

Tofu
Boiled egg
White cheese

5. Add SAUCES

Wasabi mayo
Oil and balsamic vinegar
Yoghurt
Spicy mayo 🔥
Oil and lime
Extra virgin olive oil
Ponzu
Soy
Gluten-free soy 🌱
Spicy 🔥
Teriyaki
Mango
Mayo

4. Add PROTEINS

Gyoza
Salmon
Pulled salmon
Smoked salmon
Teriyaki salmon
Shrimp
Tuna +0,60 €
Teriyaki tuna +0,60 €
Chicken
Teriyaki chicken
Meatballs
Mozzarella

6. Add TOPPINGS

Nori seaweed
Crispy onion
Almond grain
Ginger

7. Add SEEDS&SPICES

Chives
White sesame seeds
Black sesame seeds
Sunflower seeds
Flax seeds
Poppy seeds
Pumpkin seeds

Some of these products may not be available in all stores.

ADD THE SIDES!

ALL FOR JUST **5,50€**



MEATBALLS (5pcs)

with lamb's lettuce, mayo, crispy onion



CHICKEN & VEGETABLE GYOZA (5pcs)

with soy sauce, chives

OUR POKÈ BESTSELLER

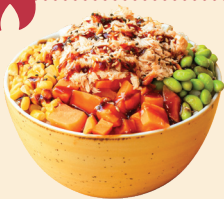
Available in **REGULAR** size. Also available in **LARGE** size for just 3,00€ more.



BEST OF POKÈ BOWL

12,50 €

Sushi rice, salmon, teriyaki salmon, edamame, avocado, tomatoes, red cabbage, crispy onion, sesame, ponzu sauce



WARM POKÈ BOWL

11,90 €

Sushi rice, pulled salmon, edamame, white cheese, sweet potato, corn, sesame, teriyaki sauce

Try it hot!



SALMON POKÈ BOWL

11,90 €

Sushi rice, salmon, baby spinach, avocado, edamame, nori seaweed, sesame, soy sauce



HAWAII POKÈ BOWL

14,90 €

Sushi rice, salmon, tuna, shrimp, avocado, pineapple, baby spinach, edamame, nori seaweed, chives, sesame, mango sauce

ALL OUR POKÈ BOWLS **CAN BE HEATED.**

ASK OUR STAFF!



I'M SO GLUTEN FREE

All underlined products are defrosted. All the dishes served can contain substances that can cause allergies or intolerance. For more information please consult the documentation available at checkout, on our website in the dedicated section or ask our staff. The fish intended to be eaten raw or partially raw has undergone a preventive treatment in compliance with the requirements of EC Reg. 853/2004.

*Contains colouring agents (E102, E110, E129) which may have a negative effect on the activity and attention of children.